

Abstract

Topic: External motivation in swimming lessons in the Czech republic and Norway.

Aims: To study the relevant materials to the comparison the external motivation of children in swimming lessons in the Czech republic and Norway. To compare definitions like basic swimming skills, requierements for beginners, lesson aids, person's motivation, evaluation of skills too. To evaluate promarily the specialities in the motivation in swimming lessons and differences in the conception of basic swimming skills.

Methods: Analysis and synthesis of informations obtained by studying the materials of swimming federations, swimming clubs and schools of both countries. Subsequent comparison of their swimming conceptions.

Results: Assignment of differences between comprehension of basic swimming skills and external motivation in swimming lessons in the Czech republic and Norway.

Results will help to optimise the group of basic swimming skills and instruments of motivation to the swimming activity in the Czech republic in terms of foreing findings.

Key words: Swimming, basic swimming skills, external motivation, Czech republic, Norway